

**Faculty of Behavioural Sciences**  
**Department of Clinical Psychology**  
**B.Sc. Clinical Psychology**  
**SYLLABUS (2019-2022)**

**Semester I (Total Marks=500)**

S. No.	Paper Name	Paper Code	Hrs./ week	Theory/Practical		Total Marks	Credit
				Summative Assessment	Formative Assessment		
1.	Foundations of Human Behavior	19020101	4	60	40	100	4
2.	Practicum: Foundations of Human Behavior	19020102	4	30	20	50	2
3.	Developmental Psychology	19020103	4	60	40	100	4
4.	Practicum: Developmental Psychology	19020104	4	30	20	50	2
5.	English Communication	19020105	4	60	40	100	4
6.	Stress, Yoga and Meditation	19020106	4	60	40	100	4
	<b>TOTAL</b>	<b>6</b>	<b>24</b>	<b>300</b>	<b>200</b>	<b>500</b>	<b>20</b>

\* Course to be opted by students of other faculties, students of FBS will make a choice out of other GE courses offered outside the faculty.

  
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**Semester II (Total Marks=500)**

S. No.	Paper Name	Paper Code	Hrs./ Week	Theory/Practical		Total Marks	Credit
				Summative Assessment	Formative Assessment		
1.	Cognitive Psychology	19020201	4	60	40	100	4
2.	Practicum: Cognitive Psychology	19020202	4	30	20	50	2
3.	Brain and Behaviour	19020203	4	60	40	100	4
4.	Practicum: Brain and Behaviour	19020204	4	30	20	50	2
5.	Environmental Studies	19020205	4	60	40	100	4
6.	Happiness and Well-being	19020206	4	60	40	100	4
	<b>TOTAL</b>	<b>6</b>	<b>24</b>	<b>300</b>	<b>200</b>	<b>500</b>	<b>20</b>

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**Semester III (Total Marks=650)**

S. No.	Paper Name	Paper Code	Hrs./ week	Theory/Practical		Total Marks	Credit
				Summative Assessment	Formative Assessment		
1.	Social Psychology	19020301	4	60	40	100	4
2.	Practicum: Social Psychology	19020302	4	30	20	50	2
3.	Basics of Personality	19020303	4	60	40	100	4
4.	Practicum: Basics of Personality	19020304	4	30	20	50	2
5.	Psychometrics	19020305	4	60	40	100	4
6.	Practicum: Psychometrics	19020306	4	30	20	50	2
7	Field Training in Community Settings	19020307	8	60	40	100	4
8	Emotional Intelligence	19020308	4	60	40	100	4
	<b>TOTAL</b>	<b>8</b>	<b>36</b>	<b>390</b>	<b>260</b>	<b>650</b>	<b>26</b>

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**Semester IV (Total Marks=650)**

S. No.	Paper Name		Hrs./ week	Theory/Practical		Total Marks	Credit
				Summative Assessment	Formative Assessment		
1.	Research Methods	19020401	4	60	40	100	4
2.	Practicum: Research Methods	19020402	4	30	20	50	2
3.	Statistics in Psychology	19020403	4	60	40	100	4
4.	Practicum: Statistics in Psychology	19020404	4	30	20	50	2
5.	Abnormal Psychology	19020405	4	60	40	100	4
6.	Practicum: Abnormal Psychology	19020406	4	30	20	50	2
7	Field Training in Clinical Settings	19020407	8	60	40	100	4
8	Positive Psychology and Mindfulness	19020408	4	60	40	100	4
	<b>TOTAL</b>	<b>8</b>	<b>36</b>	<b>390</b>	<b>260</b>	<b>650</b>	<b>26</b>

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**Semester V (Total Marks=700)**

S. No.	Paper Name	Paper Code	Hrs./ week	Theory/Practical		Total Marks	Credit
				Summative Assessment	Formative Assessment		
1.	Psychotherapeutic Interventions	19020501	4	60	40	100	4
2.	Practicum: Psychotherapeutic Interventions	19020502	4	30	20	50	2
3.	Neuropsychology	19020503	4	60	40	100	4
4.	Practicum: Neuropsychology	19020504	4	30	20	50	2
5	Counselling Skills Training	19020505	8	60	40	100	4
6	Disability and Rehabilitation	19020506	4	60	40	100	4
7	Practicum: Disability and Rehabilitation	19020507	4	30	20	50	2
8	Clinical Assessment Methods	19020508	4	60	40	100	4
9	Practicum: Clinical Assessment Methods	19020509	4	30	20	50	2
10	Criminal Psychology	19020510	4	60	40	100	4
11	Practicum: Criminal Psychology	19020511	4	30	20	50	2
	<b>TOTAL</b>	<b>9</b>	<b>40</b>	<b>420</b>	<b>280</b>	<b>700</b>	<b>28</b>

**\* Student will choose two DSE out of three given above.**

  
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### Practicum: Criminal Psychology

**Course Objective:** This course is designed to develop deep understanding of factors promoting criminal behavior and assessment of criminal behavior promoting factors.

**Course Outcomes:** After studying this course the students will gain deep understanding of factors promoting criminal behavior and will be able to understand the psychological mechanism of criminal behaviour.

Content	Time (Hours)	Domain
<b>DSE-PSY-P-05: Practicum: (any four to be reported)</b>	32	Must know
Assessment of Problem behavior among children	8	
Bullying Behaviour	8	
Study of impulsivity	8	
Study of Emotional Regulation	8	
Study of PANAS		
Cyber responsibility among adolescents		
Temporal and Social Conditioning in alcohol dependence		
A visit to a Juvenile Home		
A visit to a Prison/Jail		

#### Syllabus Books:

Bachhav, Aun M. (2012). *Criminal Psychology*. ChandralokPrakashan, Kanpur

Bharati, A. (2012). *Studies on Criminological Psychology*. G.S. Rawat for Ceber Tech Publications. New Delhi

Suryanarayana, N.V.S, HimabinduGoteti, Neelima V. (2011). *Cyber Psychology*. Sonali Publications, New Delhi

Verma, L. (1990). *The management of children with emotional and behavioral difficulties*. London: Routledge.

  
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Semester VI (Total Marks=700)**

S. No.	Paper Name	Paper Code	Hrs./ week	Theory/Practical		Total Marks	Credit
				Summative Assessment	Formative Assessment		
1.	Integrated Psychological Interventions	19020601	4	60	40	100	4
2.	Practicum: Integrated Psychological Interventions	19020602	4	30	20	50	2
3.	Basics of Counselling	19020603	4	60	40	100	4
4.	Practicum: Basics of Counselling	19020604	4	30	20	50	2
5.	Case Study Reports	19020605	8	60	40	100	4
6.	Forensic Psychology	19020606	4	60	40	100	4
7.	Practicum: Forensic Psychology	19020607	4	30	20	50	2
8.	Behavioural Medicine	19020608	4	60	40	100	4
9.	Practicum: Behavioural Medicine	19020609	4	30	20	50	2
10.	Geriatric Psychology	19020610	4	60	40	100	4
11.	Practicum: Geriatric Psychology	19020611	4	30	20	50	2
12.	Project	19020612	12	90	60	150	6
	<b>TOTAL</b>	<b>12</b>	<b>40</b>	<b>420</b>	<b>280</b>	<b>700</b>	<b>28</b>

**\* Student will choose any two DSE out of four given above, however project will be allowed only to those students who have secured at least CGPA not less than 6 up-to semester 4 as well showing research aptitude.**

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**Practicum: Forensic Psychology (19020607)**

**Course Objective:** This course is designed to develop deep understanding of factors promoting investigation of criminal behavior and its assessment. The focus will be on relevant psychological tools and profiling methodology.

**Course Outcomes:** After studying this course the students will gain deep understanding of factors promoting crime and establishing markers of criminals' behavior. They will be exposed to interaction and assessment in police and criminal justice system.

Content	Time (Hours)	Domain
<b>DSE-PSY-P-4 Practicum: (any four to be reported)</b>	<b>32</b>	<b>Must know</b>
Case Study and offender profiling	8	
Personality assessment of offenders	8	
Case report of an unsolved case through psychological lens	8	
Interviewing techniques with offenders	8	
Assessment of Malingering through psychological testing		
Psychosocial Rehabilitation of offender		
A visit to a Forensic Lab		

**Syllabus Books:**

Weiner, I.B. and Otto, R.K. (2013). *The Handbook of Forensic Psychology*, 4<sup>th</sup>edi., John Wiley & Sons, Inc., Hoboken, New Jersey.

Jenifer M. Brown, J.M. and Campbell, E.A. (2010). *The Cambridge Handbook of Forensic Psychology*, Cambridge University Press Cambridge, UK

Goldstein, A.M. (2003). *Forensic Psychology*, Vol 11, Handbook of Psychology, Volume 11. John Wiley & Sons.

  
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**Practicum: Behavioural Medicine (19020609)**

**Course Objectives:** The course is designed to expose students with people facing physical ailments and having some psychological problems. They will learn administering certain tests on various patients.

**Course Outcomes:** Students with competence of conducting assessment of patients of various illnesses. They will be capable to make some interventions to help in the treatment and cure of the diseases. Students now know about chronic diseases and psychological implications that of.

Content	Time (Hours)	Domain
<b>DSE-PSY-P-06: Practicum: (any four to be reported)</b>	<b>32</b>	<b>Must know</b>
Study of Life stress in CHD Patients	8	
Study of Spirometry	8	
Study of Pain Threshold	8	
Study of biofeedback of respiration rate	8	
Relaxation: Jacobson Progressive Muscle Relaxation		
Yoga- Pranaya		
Meditation- Vipasana		

**Syllabus books:**

- Basmajian J.V. (1979). *Biofeedback – Principles and practice for clinicians*. Baltimore: Williams & Wilkins Company.
- Bellack, A.S., Hersen, M., & Kazdin, A.E. (1985). *International handbook of behavior modification and therapy*. New York: Plenum Press.
- Bellack, A. S. & Hersen, M. (1985). *Dictionary of behavior therapy*. New York: Pergamon Press.
- Dimatteo, M.R., & Martin, L.R. (2002). *Health Psychology*. New Delhi: Pearson.
- Lambert, M.J (2004). *Handbook of Psychotherapy and behaviour change* (5th ed.). New York: John Wiley and Sons.
- Rimm D.C. & Masters J.C. (1979). *Behavior therapy: Techniques and empirical findings*. New York: Academic Press.
- Sweet, J.J, Rozensky, R.H. & Tavian, S.M. (1991). *Handbook of clinical psychology in medical settings*. Plenum Press: NY
- Tunks, E & Bellismo, A. (1991). *Behavioral medicine: Concepts & procedures*. New York: Pergamon Press.
- Turner, S.M., Calhoun, K.S., & Adams, H.E. (1992). *Handbook of Clinical Behaviortherapy*. New York: Wiley Interscience.
- Weinman, J., Johnston, M. & Molloy, G. (2006). *Health Psychology* (Vols. 1-4). London: Sage Publications.

### **Project (19020612)**

**Course Objective:** The course is designed with the aim to give first hand exposure of research to the students. It will enable them to develop a sense of making a problem and solving with a sound research methodology including analysis. They will learn to make a scientific report. Project is a skill enhancement course focusing on skills like surveying, data collection, tools selection/standardization, statistical analytical skills and report writing. **A student may choose in lieu of either of the DSE's (4, 5 and 6),** however only those students will be allowed to opt projects who have CGPA not less than 6 in four semesters'. Dean, FBS shall allot a supervisor to such candidates in semester 5<sup>th</sup> who will start working under his/her guidance and submit a report before the commencement of the examination of 6<sup>th</sup> semester. Students opting project will submit the hardbound copy to the department.

**Course Outcomes:** Upon successful completion of the project the students will learn the basics of doing research on research problems. They will learn to collect data, analyze and prepare a report.



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