

SGT UNIVERSITY

FACULTY OF BEHAVIOURAL SCIENCES

DEPARTMENT OF CLINICAL PSYCHOLOGY

PREAMBLE

**Master of Science (Clinical/Counseling Psychology)
(2019-21)**



**Choice Based Credit System (CBCS)
POST-GRADUATE PROGRAMME**

Master of Science (M.Sc.) in Clinical/Counseling Psychology

(CBCS SYLLABUS 2019-21)

Preamble:

The curiosity of understanding the complexity of human behavior has always been at the core of knowledge seekers in all times and for this, Psychology as the science of human behavior significantly fulfills this gap. In the present era, due to so many factors of industrial, digital, social and other pressures the understanding of human behavior has become more challenging as well as interesting. In this regard, a special attention is required for prevention and correction of deviant behavioural patterns. A specialized course with an orientation in clinical and counseling psychology is in great demand as it provides requisite inputs to the students. It shall be a natural up-gradation for the students who have graduated in psychology/applied psychology/clinical psychology and even graduates coming from other natural, physical, and social sciences. The course will provide fundamental knowledge of pure and applied psychology with a special thrust in clinical psychology as well as counseling psychology. Students mastering this course may go for specialized professional courses in the area of clinical psychology, rehabilitation psychology approved by Rehabilitation Council of India. Masters course in Clinical Psychology is not very common since it requires practical training in clinical settings and centers of community health services. SGT University has the advantage of having all under one umbrella owing to its full fledged medical faculty and hospital, thus offers exciting opportunities who wish to seek professional competence.

Justification:

The primary goal of M Sc Clinical/ Counselling Psychology is to equip graduates in psychology with knowledge and skills in psycho-diagnostic and therapeutic, through direct exposure in various clinical and community settings. The programme includes following objectives:

1. To provide knowledge of psychology and its methods in laboratory and field settings.
2. To focus on applied fields of counseling and clinical psychology to provide services in the community.
3. To have a deeper understanding of human behavior
4. To understand the concurrent socio-psychological issues.
5. To acquire skills to tackle behavioural problems through psychological interventions.

Nomenclature of the Course/Program: Master of Science in Clinical Psychology

Or

Master of Science in Counseling Psychology

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Admission Eligibility: For admission to the 1st Semester of M.Sc. (Clinical / Counseling Psychology) course, the candidate must have B.A. (Hons.) in Psychology/ B.Sc. Clinical Psychology/B.A. with Psychology as an elective subject with not less than 50% marks or B.A./B.Sc./B.Com./B.Com (Hons.)/ B.Sc. (Home Science)/ B.Ed. or any other graduate degree with not less than 55% marks in aggregate or equivalent grade from any university recognized by UGC.

Selection of the candidate: On the basis of the merit in the qualifying examination.

Basis of operation of the Program: Semester system

Total Duration of the Program: 2 years (4 Semesters in regular mode)

Minimum credits required to be eligible for award of degree: 100

Complete Scheme of Study:

Semester	Core Course (10) 10x6 =60 credits	Skill Enhancement Course (SEC) 3x2=6, 1x4=4, 1x6=6 Total 16 credits	Elective: Discipline Specific DSE (4) 4x6=24 credits	Total Credits 100
Semester – I Clinical/ Counselling	C-PSY-01 History of Psychology (Theory + Practicum), (4+2 Credits)	SEC-1 Human values and professional ethics (2 Credits)	DSE-1 Life span Development / Applied social Psychology (4+2Credits)	26
	C-PSY-02 Cognitive Psychology (Theory + Practicum), (4+2 Credits)			
	C-PSY-03 Research Design & Methods (Theory + Practicum), (4+2 Credits)			
	C-PSY-04 Theories of Personality (Theory + Practicum), (4+2 Credits)	SEC-2 Field Training (Interviewing Skills (2	DSE-2 (A) Forensic Psychology / Health Psychology	26

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Semester -II		Credits)	(4+2 Credits)	
Clinical/ Counselling	C-PSY-05 Psychology of Abnormal Behavior (Theory + Practicum), (4+2 Credits)		DSE-2 (B) Counselling in Organizations /Guidance and Counselling (4+2 Credits)	
	C-PSY-06 Statistical Techniques in Psychology (Theory + Practicum) (4+2 Credits)			
Semester – III Clinical	C-PSY-07 (A) Introduction to Clinical Psychology (Theory + Practicum) (4+2 Credits)	SEC-3 (A) Summer Training (2 Credits)	DSE-3 (A) Neuropsychology / Psychology of Ageing (Theory + Practicum), (4+2Credits)	24
	C-PSY-08 (A) Biopsychology (Theory + Practicum) (4+2 Credits)	SEC-4 (A) Field Training (4 Credits)		
Semester – III Counseling	C-PSY-07(B): Approaches to Counselling (Theory + Practicum), (4+2 Credits)	SEC-3 (B) Case Study Reports (Summer Training) (2 Credits)	DSE-3 (B) Community Psychology / Psychology of Ageing (Theory + Practicum), (4+2 Credits)	24
	C-PSY-08 (B) Counselling Process (Theory + Practicum), (4+2 Credits)	SEC-4 (B) Field Training in counseling (4 Credits)		

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Semester – IV Clinical	C- PSY- 09 (A) Psychotherapy (Theory + Practicum), (4+2 Credits)	SEC-5 (A) Project (6 Credits)	DSE-4 (A) Child and Adolescent Psychopathology / Personality Disorder (4+2 Credits)	24
	C-PSY-10 (A) Psychodiagnostics (Theory + Practicum), (4+2 Credits)			
Semester – IV Counseling	C-PSY-09 (B) Techniques of Counseling (Theory + Practicum), (4+2 Credits)	SEC-5 (B) Project (6 Credits)	DSE-4 (B) Vocational Guidance / Sports Psychology (4+2 Credits)	24
	C-PSY- 10 (B) Areas of Counseling (Theory + Practicum), (4+2 Credits)			
Credits	Core Course (10) 10x6 =60 credits	3x2=6, 1x4=4, 1x6=6 Total 16 credits	DSE (4) 4x6=24 credits	Total Credits 100

Pool of Electives under different categories:

CORE COURSES (THEORY)

C-PSY-01: History of Psychology
 C-PSY-02: Cognitive Psychology
 C-PSY-03: Research Designs & Methods
 C-PSY-04: Theories of Personality
 C-PSY-05: Psychology of Abnormal Behaviour
 C-PSY-06: Statistical Techniques in Psychology
 C-PSY-07(A): Introduction to Clinical Psychology
 C-PSY-07(B): Approaches to Counselling
 C-PSY-08(A): Biopsychology
 C-PSY-08(B): Counselling Process
 C-PSY-09(A): Psycho-therapy


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C-PSY-09(B): Techniques in Counselling
 C-PSY-10(A): Psychodiagnostics
 C-PSY-10(B): Areas of Counselling

ELECTIVE: DISCIPLINE SPECIFIC (DSE)
DSE (THEORY)

DSE-01: Life Span Development/ Applied Social Psychology
 DES-02 (A): Forensic Psychology/ Health Psychology
 DES-02 (B): Counselling in Organizations/ Guidance and Counselling
 DSE-03 (A) : Neuropsychology/ Psychology of Ageing
 DSE-03 (B) : Community Psychology/ Psychology of Ageing
 DSE-04 (A): Child and Adolescent Psychopathology/Personality Disorder
 DSE-04 (B): Vocational Guidance / Sports Psychology

Procedure to register for Elective/Optional subjects: The HoD/Dean of the Faculty shall decide about the number of electives/optional papers out of the scheme before the commencement of each semester depending upon the facilities available in the department. Students will choose among those notified electives/optionals.

Specific details for Practicals: The program includes four types of practical work: Core Laboratory based practicum, Discipline Specific Elective practicum, Skill Enhancement Field work, and Project (Empirical Research based). Total credits for practicals including project are 46.

CORE COURSES (PRACTICUM)

C-PSY-P-01: History of Psychology
 C-PSY-P-02: Cognitive Psychology
 C-PSY-P-03: Research Designs & Methods
 C-PSY-P-04: Theories of Personality
 C-PSY-P-05: Psychology of Abnormal Behaviour
 C-PSY-P-06: Statistical Techniques in Psychology
 C-PSY-P--07(A): Introduction to Clinical Psychology
 C-PSY-P-07(B): Approaches to Counselling
 C-PSY-P-08(A): Biopsychology
 C-PSY-P-08(B): Counselling Process
 C-PSY-P-09(A): Psycho-therapy
 C-PSY-P-09(B): Techniques in Counselling
 C-PSY-P-10(A): Psycho-diagnostics
 C-PSY-P-10(B): Areas of Counselling

SKILL ENHANCEMENT COURSES (SEC)

SEC-01 : Humana values and Professional ethics


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- SEC-02: Field Training- Interviewing Skills
- SEC-03(A): Summer Training
- SEC-03(B): Case Study report (Summer Break)
- SEC-04(A): Field Training
- SEC-04(B): Field Training in counselling
- SEC-05 (A) & (B): Project

DSE- PRACTICUM

- DSE-P-01: Life Span Development/ Applied Social Psychology
- DES-P-02 (A): Forensic Psychology/ Health Psychology
- DES-P-02 (B): Counselling in Organizations/ Guidance and Counselling
- DSE-P-03 (A) & (B): Neuropsychology/ Psychology of Ageing
- DSE-P-04 (A): Child and Adolescent Psychopathology/Personality Disorder
- DSE-P-04 (B): Vocational Guidance / Sports Psychology

Practical Training/Internship (Operational and Evaluation):

Students shall acquire training in clinical settings, such as hospital, schools for mentally challenged, drug de-addiction centers, rehabilitation centers etc. They shall participate in community settings – institutional, villages, slums etc. Students of counseling specialization shall do practical work in schools, prisons, NGOs, child and family centers etc.

Project report is an essential part of the course, where the students will undertake a specific research oriented plan to have an understanding of the methodology and statistical analysis with required theoretical inputs for the analysis of data and its interpretation. The project will be undertaken in laboratory/ community settings/ clinical settings. The field training is also oriented to research where the students are supposed to prepare a report.

Each student shall be placed in a psychiatric OPD/IPD or a center dealing with mentally challenged, drug addicts etc. for 2 months as decided by Dean of the Faculty with mutual understanding of the university and the internship institute. It shall be certified as well as evaluated after the completion of the program. Students opting counseling stream shall be placed in various social service centers run by government or non-governmental organizations including private schools, juvenile homes, and homes for destitute, aged etc. They may also be placed in organizations such as industry, companies for career counseling and stress management.

In various practical training and internship programs, the emphasis will be on regularity, collection of information and preparing the reports. Internal and external in-charges will maintain records of case reports, work done under field and summer training in community and field settings. There shall be 40% formative assessment and 60 % summative assessment based on conduct, presentation and viva voce etc.

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