

**Faculty of Behavioural Sciences**  
**Department of Clinical Psychology**  
**B.A. (Hons) Psychology**  
**SYLLABUS (2019-2022)**

**Semester I (Total Marks=500)**

S. No.	Paper Name	Paper Code	Hrs./ week	Theory/Practical		Total Marks	Credit
				Summative Assessment	Formative Assessment		
1.	Foundations of Human Behavior	19100101	4	60	40	100	4
2.	Practicum: Foundations of Human Behavior	19100102	4	30	20	50	2
3.	Developmental Psychology	19100103	4	60	40	100	4
4.	Practicum: Developmental Psychology	19100104	4	30	20	50	2
5.	English Communication	19100105	4	60	40	100	4
6.	Stress, Yoga and Meditation		4	60	40	100	4
	<b>TOTAL</b>	<b>6</b>	<b>24</b>	<b>300</b>	<b>200</b>	<b>500</b>	<b>20</b>

\* Course to be opted by students of other faculties, students of FBS will make a choice out of other GE courses offered outside the faculty.

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**Semester II (Total Marks=500)**

S. No.	Paper Name	Paper Code	Hrs./ week	Theory/Practical		Total Marks	Credit
				Summative Assessment	Formative Assessment		
1.	Cognitive Psychology	19100201	4	60	40	100	4
2.	Practicum: Cognitive Psychology	19100202	4	30	20	50	2
3.	Brain and Behaviour	19100203	4	60	40	100	4
4.	Practicum: Brain and Behaviour	19100204	4	30	20	50	2
5.	Environmental Studies	19100205	4	60	40	100	4
6.	Happiness and Well-being		4	60	40	100	4
	<b>TOTAL</b>	<b>6</b>	<b>24</b>	<b>300</b>	<b>200</b>	<b>500</b>	<b>20</b>

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**Semester III (Total Marks=650)**

S. No.	Paper Name	Paper Code	Hrs./ week	Theory/Practical		Total Marks	Credit
				Summative Assessment	Formative Assessment		
1.	Social Psychology	19100301	4	60	40	100	4
2.	Practicum: Social Psychology	19100302	4	30	20	50	2
3.	Basics of Personality	19100303	4	60	40	100	4
4.	Practicum: Basics of Personality	19100304	4	30	20	50	2
5.	Psychometrics	19100305	4	60	40	100	4
6.	Practicum: Psychometrics	19100306	4	30	20	50	2
7.	Field Training in Community Settings	19100307	8	60	40	100	4
8.	Emotional Intelligence		4	60	40	100	4
	<b>TOTAL</b>	<b>8</b>	<b>36</b>	<b>390</b>	<b>260</b>	<b>650</b>	<b>26</b>

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**Semester IV (Total Marks=650)**

S. No.	Paper Name	Paper Code	Hrs./ week	Theory/Practical		Total Marks	Credit
				Summative Assessment	Formative Assessment		
1.	Research Methods	19100401	4	60	40	100	4
2.	Practicum: Research Methods	19100402	4	30	20	50	2
3.	Statistics in Psychology	19100403	4	60	40	100	4
4.	Practicum: Statistics in Psychology	19100404	4	30	20	50	2
5.	Abnormal Psychology	19100405	4	60	40	100	4
6.	Practicum: Abnormal Psychology	19100406	4	30	20	50	2
7	Field Training in Clinical Settings	19100407	8	60	40	100	4
8	Positive Psychology and Mindfulness		4	60	40	100	4
	<b>TOTAL</b>	<b>8</b>	<b>36</b>	<b>390</b>	<b>260</b>	<b>650</b>	<b>26</b>

**\* Course to be opted by students of other faculties, students of FBS will make a choice out of other GE courses offered outside the faculty.**

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**Semester V (Total Marks=700)**

S. No.	Paper Name	Paper Code	Hrs./ week	Theory/Practical		Total Marks	Credit
				Summative Assessment	Formative Assessment		
1.	Organisational Behaviour	19100501	4	60	40	100	4
2.	Practicum: Organisational Behaviour	19100502	4	30	20	50	2
3.	Guidance and Counselling	19100503	4	60	40	100	4
4.	Practicum: Guidance and Counselling	19100504	4	30	20	50	2
5	Skill Training in counselling	19100505	8	60	40	100	4
6	Military Psychology	19100506	4	60	40	100	4
7	Practicum: Military Psychology	19100507	4	30	20	50	2
8	Positive Psychology	19100508	4	60	40	100	4
9	Practicum: Positive Psychology	19100509	4	30	20	50	2
10	Criminal Psychology	19100510	4	60	40	100	4
11	Practicum: Criminal Psychology	19100511	4	30	20	50	2

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	TOTAL	9	40	420	280	700	28
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**\* Student will choose any two DSE out of three given above.**



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**Practicum: Military Psychology (19100507)**

**Course Objective:** This course is designed to understand various psychological correlates in context of Military. The course will help the students to see the life of military persons and military as organization through psychological lens.

**Course Outcomes:** After studying this course the students will gain better understanding of military person's life crises, stressors, importance of leadership, decision making and hardiness in military.

Content	Time (Hours)	Domain
<b>DSE-PSY-P-05: Practicum: (any four to be reported)</b>	32	Must know
Case study of a soldier	8	
An Interview with a Military Officer	8	
Movie review on a Warfare	8	
Study of Leadership Styles	8	
Hardiness as special trait- Measurement		
Virtual gaming in Military Context		
Decision making strategies		

**Syllabus Books:**

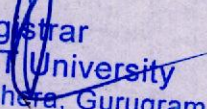
Hall, R. & Mangelsdorff, A.D. (1991). *Handbook of Military Psychology*. USA: John Wiley & Sons.

Kennedy, C.H. & Zillmer, E.A. (2006). *Military Psychology: Clinical and Operational Applications*. N.Y: Guilford Press.

Ramachandran, K. (in press). *Handbook of Military Psychology*. Delhi: DIPR.

Shalit, B. (1988). *The Psychology of Conflict and Combat*. N.Y: Praeger.

Singh, D. (2003). *Field Marshal Sam Manekshaw: Soldiering with Dignity*, Nataraj Publishers: Dehradun

  
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**Practicum: Positive Psychology (19100510)**

**Course Objective:** The course is designed to exposed students to have first-hand experience of various domains of positive psychology such as virtues, happiness, resilience, hope and self-efficacy.

**Course Outcome:** Students will learn to administer, score and interpret some important psychological instruments and scales related to positive psychology variables such as resilience, optimism, self-efficacy and happiness.

Content	Time (Hours)	Domain
<b>DSE-PSY-P-02 Practicum: (any four to be reported)</b>	<b>32</b>	<b>Must know</b>
VIA (Virtues in Action) Inventory	8	
Oxford Happiness Scale	8	
Resilience Scale	8	
Self-Efficacy Scale- Bandura	8	
Emotional Intelligence- (Mayer & Salovey's Scale)		
Hope and Optimism Scale (Mayer and Salovey's Scale)		

**Syllabus Books:**

Snyder, C.R. & Lopez, S. (2007). *Positive Psychology: The scientific and practical exploration of human strengths*. Thousand Oaks, CA: Sage.

Lomas, T., Hefferon, K., & Ivztan, I. (2014). *Applied positive psychology: Integrated positive practice*. Thousand Oaks, CA: SAGE Publications.

Baumgardner, S.R., Crothers, M.K. (2010). *Positive Psychology*. New Jersey: Prentice Hall

Snyder, C.R. & Lopez, S.J. (Eds.). (2002). *Handbook of Positive Psychology*. Oxford University Press. New York.

Lomas, T., Hefferon, K., & Ivztan, I. (2014). *Applied positive psychology: Integrated positive practice*. Thousand Oaks, CA: SAGE Publications.

Seligman, M. E., Rashid, T., & Parks, A. C. (2006). *Positive psychotherapy*. *American Psychologist*, 61(8), 774-788.

Schueller, S., & Parks, A. C. (2014). *The Wiley-Blackwell handbook of positive psychological interventions*. Malden, MA: John Wiley & Sons.

  
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**Practicum: Criminal Psychology (19100511)**

**Course Objective:** This course is designed to develop deep understanding of factors promoting criminal behavior and assessment of criminal behavior promoting factors.

**Course Outcomes:** After studying this course the students will gain deep understanding of factors promoting criminal behavior and will be able to understand the psychological mechanism of criminal behaviour.

Content	Time (Hours)	Domain
<b>DSE-PSY-P-03: Practicum: (any four to be reported)</b>	<b>32</b>	<b>Must know</b>
Assessment of Problem behavior among children	8	
Bullying Behaviour	8	
Study of impulsivity	8	
Study of Emotional Regulation	8	
Study of PANAS		
Cyber responsibility among adolescents		
Temporal and Social Conditioning in alcohol dependence		
A visit to a Juvenile Home		
A visit to a Prison/Jail		

**Syllabus Books:**

Bachhav, Aun M. (2012). *Criminal Psychology*. Chandralok Prakashan, Kanpur

Bharati, A. (2012). *Studies on Criminological Psychology*. G.S. Rawat for Ceber Tech Publications. New Delhi

Suryanarayana, N.V.S, HimabinduGoteti, Neelima V. (2011). *Cyber Psychology*. Sonali Publications, New Delhi

Verma, L. (1990). *The management of children with emotional and behavioral difficulties*. London: Routledge.

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**Semester VI (Total Marks=700)**

S. No.	Paper Name	Paper Code	Hrs./ week	Theory/Practical		Total Marks	Credit
				Summative Assessment	Formative Assessment		
1.	Health Psychology	19100601	4	60	40	100	4
2.	Practicum: Health Psychology	19100602	4	30	20	50	2
3.	Applied Social Psychology	19100603	4	60	40	100	4
4.	Practicum: Applied Social Psychology	19100604	4	30	20	50	2
5	Industry Based Field Training	19100605	8	60	40	100	4
6	School Psychology	19100606	4	60	40	100	4
7	Practicum: School Psychology	19100607	4	30	20	50	2
8	Peace Psychology	19100608	4	60	40	100	4
9	Practicum: Peace Psychology	19100609	4	30	20	50	2
10	Community Psychology	19100610	4	60	40	100	4
11	Practicum: Community	19100611	4	30	20	50	2

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	Psychology						
12	Project	19100612	08	90	60	150	6
	TOTAL	9	40	420	280	700	28

**\* Student will choose any two DSE out of four given above, however project will be allowed only to those students who have secured at least CGPA not less than 6 up to semester 4 as well showing research aptitude.**

**Total Credits =  $20+20+26+26+28+28 = 148$**

**Total Hours (per week) =  $24+24+36+36+40+40=200$  hours**

**Total Marks=  $500+500+650+650+700+700= 3700$ \***

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**Practicum: School Psychology (19100607)**

**Course Objective:** Students will understand and apply foundational knowledge and clinical skill in the identification and diagnostic study of individual students in a non-biased, reliable and valid manner. They will be able to perform various inventories, tests to assess parameters like teaching styles, academic performance e

**Course Outcome:** The students will be able to conduct various practical tasks related to psychological issues related to schools and school children.

Content	Time (Hours)	Domain
<b>DSE-PSY-P-04 Practicum: (any four to be reported)</b>	<b>32</b>	<b>Must know</b>
Academic achievement	8	
Test anxiety	8	
School climate	8	
Teaching styles	8	
Perception		
Attachment		

**Syllabus Books:**

Gupta, S.K. (1985). *Guidance and Counselling in Indian Education*. Delhi: Mittal Publications

Bhatt, B.D. & Sharma, S.R. (1993). *Education of the Gifted and Talented Children*. Delhi: Kanishka Publishing House

Sternberg, R.J. (2000). *Handbook of intelligence*. Cambridge; Cambridge University Press.

Gladding S.T. (2009). *Counseling*, New Delhi, Pearson

  
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### Practicum: Peace Psychology

**Course Objectives:** The course is designed to do some practical exercises with a concept of peace and the underlying social dynamics. It is intended that students will have hands on experience in trying certain means of conflict resolution.

**Course Outcome:** Students have now better understanding of the construct of peace and have acquired skills of conflict management as well as diagnosing the cause of conflict.

Content	Time (Hours)	Domain
<b>DSE-PSY-P-05: Practicum: (any four to be reported)</b>	<b>32</b>	<b>Must know</b>
Study of attitude towards peace	8	
Conformity and Group Ethos	8	
Commitment to non-violence	8	
Movie review on a War and Peace	8	
Study on Negotiation for distribution of resources: A micro level study		
Mediation Strategy for Intra group conflict		

### Syllabus Books:

Blumberg, H.H., Hare, A.P., & Costin, A. (2006). *Peace Psychology: A comprehensive introduction*. Cambridge. University Press

Cheistie, D.J. Wagner, R.V. & Winter, D.D. (2001) *Peace Conflict and Violence: Peace Psychology for the 21<sup>st</sup> Century*. Saddle River, N.J.: Prentice Hall

Coleman, P.T. & Deutch, M. (2012). *Psychological Components of Sustainable Peace*, Springer: NewYork.

Fleischman, P.R. (2004) *Cultivating Inner Peace: Exploring the Psychology, Wisdom and Poetry of Gandhi Theory and the Buddha*. San Francisco: Jossey-Bass.

Herbert, H., Hare P.A., & Costin (2009) *A Peace Psychology: A Comprehensive Introduction*, Cambridge

Macnare, R. M. (2008). *The Psychology of Peace: An Introduction*, Loyola Press

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### **Project (19100612)**

**Course Objective:** The course is designed with the aim to give first hand exposure of research to the students. It will enable them to develop a sense of making a problem and solving with a sound research methodology including analysis. They will learn to make a scientific report. Project is a skill enhancement course focusing on skills like surveying, data collection, tools selection/standardization, statistical analytical skills and report writing. **A student may choose in lieu of either of the DSE's (4, 5 and 6),** however only those students will be allowed to opt projects who have CGPA not less than 6 in four semesters'. Dean, FBS shall allot a supervisor to such candidates in semester 5<sup>th</sup> who will start working under his/her guidance and submit a report before the commencement of the examination of 6<sup>th</sup> semester. Students opting project will submit the hardbound copy to the department.

**Course Outcomes:** Upon successful completion of the project the students will learn the basics of doing research on research problems. They will learn to collect data, analyze and prepare a report.

  
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