



SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY
(UGC Approved University) GURGAON, Delhi-NCR

Name of the Faculty: Faculty of Education

Name of the Event/ Programme: Yoga activities

Type of event: Awareness of Yoga and Meditation for villagers .

Dates: 9th April 2022

Time: 10:00 a.m. to 12:45 p.m.

Venue: at village nearby SGT University; Kaliawas

Organizers:

Faculty of Education.

Objective: To organize the Programme/activities and aware the society about significance of Yoga and Meditation .

Audience: Village people at kaliawas

About the Event on dated: 9th -04-2022 (Day-2)

Today on 09-04-2022, The Department of Education, Faculty of Education, SGT University, Gurugram (Haryana) visited Kaliawas village nearby SGT University .Under the Leadership of Prof. (Dr.) Madhavi Sharma (Dean, Faculty of Education) .

During the event, students of B.Ed. and M.Ed participated in the awareness programme. Students of Education presented activities regarding yoga . Discussed its origin and significance in one's life. Programme ended on a positive note. Villagers enjoyed the programme thoroughly.

Snapshots of the event :



Yoga Practice By Students



Interacting Session by Expert and Students

Shavne
Dean
Faculty of Education
SGT University, Gurugram

Dean, FEDU

Prof.(Dr.). Madhavi Sharma

Manita Devi

Program Co-Ordinator

Dr.Manita